Welcome to the 15th issue of DARCO Europe E-Journal

Dear Reader,

Our 15th issue of the DARCO Europe E-Journal is dedicated to the little people in our lives. Our pediatric products may not generate big sales, but are certain to create big smiles.

Cheering up small patients and providing the best of care

We all know how active children are and how difficult it may be to keep them still in times of recovery. Plaster casts are not only cumbersome but also difficult to tolerate. This is why a simple, but effective orthopaedic shoe can make all the difference in the world to your young patient. Whether it’s post-surgical or a plaster cast, DARCO has the right shoe for your every patient. DARCO is a trusted partner for developing orthopaedic shoes for foot and ankle injuries and integrates more than 30 years of experience into every shoe we make. We know how biomechanical effects can influence the entire healing process and just how important this phase is to ensure long-term success.

From the small active child to the fully grown – DARCO offers quality, reliable products that are adaptable to the needs of all patients. Please continue reading and you’ll learn how we can help with that one particular patient, who may actually be the most demanding.

We hope you enjoy reading the latest issue of DARCO Europe E-Journal!

Yours sincerely,
Rainer Kalleitner
Director of International Sales DARCO (Europe) GmbH

DARCO is a founding member of:

Gesellschaft für Fuß- und Sprunggelenkchirurgie e.V.
Society for Foot and Ankle Surgery

www.gesellschaft-fuer-fusschirurgie.de

Testimonials:
“Every 15 seconds somewhere in the world a foot and ankle specialist prescribes a DARCO product”

“... he is happy and safe, great help for children’s injured feet!” Germany

“My mother needed to undergo surgery on both feet. Now the wounds are healing and she is able to walk again without pain, thank you!” China

“... it improved my mobility. I am able to walk and thanks to the two-in-one solution, the shoe can be easily removed and put on again.” Austria
Pediatric Products

A minor fall – but this time, it didn’t go off so lightly – now both the child and his parents are facing an endurance test.

After a thorough examination and diagnosis of the injury, developing an effective and safe therapy program for healing a child’s foot is the top priority. After the cast is set, the next essential consideration is the child’s natural desire to be active. DARCO’s pediatric line meets the demanding needs of an active child by providing the best possible care and protection. You can feel good knowing your young patient is on the road to recovery with the benefit of a DARCO Pediatric Shoe.

**MedSurg Pediatric | Postoperative Shoe**

The MedSurg Pediatric is the smaller version of our MedSurg postoperative shoe for adults. The child’s healing shoe contains all the beneficial features found in the adult MedSurg but sized for smaller feet. The quality and construction characteristics remain the same.

> used postoperatively for stabilization protection and offloading
> 1 Size | fits on both; right or left foot

**MedSurg Original Pediatric | Postoperative Shoe**

The DARCO MedSurg Original is the shoe that started it all. The MedSurg Original was developed over 30 years ago and has since become known as the industry standard. Often referred to generically as »the DARCO shoe«. It is anything but generic and has a long list of features and a proven track record of excellence.

> used postoperatively for stabilization protection and offloading
> 1 Size | fits on both; right or left foot

**SlimLine® Pediatric | Cast Boot**

The SlimLine® Pediatric Cast Boot protects the cast from dirt and exposure and facilitates correct movement. It’s just like the adult size; with all its benefits and features but made for the little patients!

> used over a fiberglass or plaster cast
> 3 Sizes: S, M, L | fits on both; right or left foot

Please find detailed information on our website www.darco-europe.com
Although Orthotics and stretching are effective, some young patients may require a surgical correction ...

A pediatric flatfoot can be caused by a variety of reasons and surgical therapy may be indicated. The catch is to correct the hindfoot without impacting the structures and alignment of the forefoot.

**Soft Tissue Procedure**
The majority of the young patients already benefit from an Achilles tendon and/or gastrocnemius muscle lengthening to increase ankle joint range of motion.

**Subtalar Implants**
A subtalar implant is indicated in the event of a hyper-pronated foot and where stabilization of the subtalar joint is required. It blocks forward, downward and the medial displacement of the talus, thus allowing normal subtalar joint motion. Excessive pronation and the resulting sequela will be blocked with this minimally invasive technique.

**Evans procedure**
One of the most commonly used lateral column procedures in both the pediatric and the adult population is the Evans Osteotomy. According to Dr. Baravarian, this is the single strongest hindfoot alignment procedure.

Postoperatively and in most cases, a cast might be required. This is especially true for younger patients (kids). Recovery time can be anything between six to eight weeks. An adequate cast shoe or post-op shoe with a rocker sole will help to mimic the normal gait during the healing process.

by Raphael Boehm, Vice President DARCO Europe

**Literature:**
Baravarian, Babak, Assistant Professor at UCLA, Santa Monica in Podiatry Today, Volume 23 – Issue 1 – January 2010
## Events

### August 2018

31st August – 2nd September | Hyderabad, Telangana, India  
16th Annual National Conference of the Diabetic Foot Society of India, DFSI 2018  
www.dfsicon2018.com

31st August – 2nd September | Vadodara, Gujarat, India  
31 Annual Meeting of the Indian Foot & Ankle Society, IFASCON 2018  
www.ifas.in

### September 2018

12th – 14th September | Bordeaux, France  
17ème Cours Annuel de chirurgie mini invasive et arthroscopie  
www.grecmip.org

19th – 22nd September | Pisa, Italy  
Pisa Diabetic Foot Course  
www.diabeticfootcourses.org

20th – 22nd September | Portorozc, Slovenia  
ISPO Slovenia  
www.eu-ispo2018.si

28th – 30th September | Berlin, Germany  
15th Scientific Meeting of the Diabetic Foot Study Group  
www.dfsg.org

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## Imprint

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