

# Heel Pressure Ulcer Prevention and Treatment Decision Tree



by DM Systems, Inc.

Does the patient have a lower extremity ulcer (including leg, heel, foot, or toes)?



Does the patient independently move legs in bed?

Is the patient at risk for pressure ulcer development?



Scores below a 17 on the Braden Scale (PURS > 1) or Braden Scale > 17 (PURS > 0) and one of the following:

Does the patient walk on own or weight bear on transfers?



- > Diabetes
- > Peripheral Vascular Disease
- > Spinal Cord / Head Injury
- > CVA
- > Hip Fx
- > Malnutrition
- > Is on vasopressors medication
- > Sudden change in condition



## Heelift® AFO

## Heelift® Glide

Apply Heelift® AFO  
Inspect the heels regularly  
Turn the patient regularly

Apply Heelift® Glide  
Inspect the heels regularly  
Turn the patient regularly



Risk	Braden Score	PURS Score
Severe	9	6 – 8
High	10 – 12	4 – 5
Moderate	13 – 14	3
Mild	15 – 18	0 – 2



## Recommendation

Monitor and provide standard best practices / evidence for the prevention and management of lower extremity ulcers.

Soft, heel offloading boots such as Heelift® Glide and Heelift® AFO are to be worn by the patient at all times while up in a wheelchair and /or while in bed.



Scan for the DARCO educational video!