Heel Pressure Ulcer Prevention and Treatment Decision Tree

Does the patient have a lower extremity ulcer (including leg, heel, foot, or toes)?

- Yes
  - Does the patient independently move legs in bed?
    - Yes
      - Does the patient walk on own or weight bear on transfers?
        - Yes
          - Apply Heelift® AFO
            - Inspect the heels regularly
            - Turn the patient regularly
        - No
          - Apply Heelift® Glide
            - Inspect the heels regularly
            - Turn the patient regularly
    - No
      - Heel Pressure Ulcer Risk
        - Severe: Braden Score 9, PURS Score 6 – 8
        - High: Braden Score 10 – 12, PURS Score 4 – 5
        -Moderate: Braden Score 13 – 14, PURS Score 3
        - Mild: Braden Score 15 – 18, PURS Score 0 – 2
  - No
    - Is the patient at risk for pressure ulcer development?
      - Yes
        - Diabetes
        - Peripheral Vascular Disease
        - Spinal Cord / Head Injury
        - CVA
        - Hip Fx
        - Malnutrition
        - Is on vasopressors medication
        - Sudden change in condition
      - No

Recommendation

Monitor and provide standard best practices/evidence for the prevention and management of lower extremity ulcers.

Soft, heel offloading boots such as Heelift® Glide and Heelift® AFO are to be worn by the patient at all times while up in a wheelchair and/or while in bed.