Diabetic and Wound Care
Preventive and acute care
DARCO – Your competent partner for diabetic and wound care

How can I deal with foot ulceration? What kind of Prevention is possible?
For more than 30 years we represent innovative products. DARCO has become a specialist in diabetic and wound care products due to many years of experience.

Pressure points and foot ulcers occur most frequently with diabetes and present a great challenge in healing and offloading sensitive feet.

After observation of the ulceration and treatment of the wound it is of utmost importance to care for pressure relief and offloading by means of an individually adjustable device. The intention is to pay particular attention to the improvement of the healing process as well as to the restoration of the patient’s mobility.

DARCO therefore has especially focused on diabetic foot and ankle care. Our devices help to prevent the development of wounds and ulcers as well as to encourage and fasten the healing process of existing wounds.

DARCO is also a founding member of the Woundcare-Circle. The Woundcare-Circle is a global partnership, founded to provide clinicians and patients superior solutions for the redistribution of pressure at the heel, foot and ankle by enabling the development and dissemination of clinical evidence focusing on best practice based on a clinically approved therapy programme.
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## Excerpt from our entire range

For the complete product range please see our main catalogue or visit [www.darco-europe.com](http://www.darco-europe.com).

## Key (to symbols)

Interchangeable Insoles

Instructional Video
(www.darco-europe.com)

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Therapeutic Shoes

**WCS® Light**
Closed Wound Care Shoe

**INDICATIONS**
- treatment for diabetic foot syndrome
- healing shoe for open wounds and mild ulcerations
- designed for pressure redistribution
- used for postoperative phase after toe and/or forefoot surgery

**PURPOSE**
- insole alterations are possible for selective off-loading for individual needs
- the rocker style sole produces an ergonomically correct walking pattern
- soft and breathable upper provides maximum comfort and leaves extra space for bandages

**FEATURES**
- includes customizable insoles
- replacement “four-layer” Insole available
- sold in pairs

**Includes: WCS® Light Insoles**
For extended care to complement the progressive healing of wounds.
A replacement “four-layer” Insole system can be ordered separately. (P. 11)

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**WCS®**
Wound Care Shoe

**INDICATIONS**
- treatment of diabetic foot syndrome, open wounds and ulcers
- designed for pressure redistribution
- postoperative phase after toe and/or forefoot surgery

**PURPOSE**
- wound care shoe for diabetics
- insole alterations are possible for selective off-loading for individual needs
- the rocker style sole produces an ergonomically correct walking pattern

**FEATURES**
- includes customizable insoles
- replacement “four-layer” Insoles available
- easy entry and room for bandages
- sold in pairs
- leather upper

**Includes: WCS® Insoles**
For extended care to complement the progressive healing of wounds. A replacement “four-layer” insole system can be ordered separately. (P. 11)

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The smooth portion of the sole reduces shearing forces
The rough part of the sole secures stability while standing
Wide opening for easy entry and simple insole access

Toe Cap optional (P. 15)
**Relief Dual®**

**Off-loading Shoe**

**INDICATIONS**

- used postoperatively for stability and off-loading, e.g. after foot osteotomy procedures

**PURPOSE**

- stability, shock absorption and pressure relief after surgical procedures
- in combination with the Puzzle Insole® or Relief Contour Insole and their unique wedge design, the load is displaced away from the forefoot
- accommodates insole replacement (including diabetic-compliant foot bedding)
- in combination with the PegAssist® creates interim solution for the diabetic foot in need of urgent care

**FEATURES**

- innovative dual-sole technology
- optimal impact relief – slip-resistant rubber sole – light-weight breathable upper
- rigid shank throughout entire inner-sole
- wide opening for bulky dressings
- easy entry, and easy insole access
- can be worn on the right and left
- low profile – no height compensation necessary

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**COMPATIBLE WITH**

- PegContour® Insole for selective pressure redistribution (P. 12)
- Relief Contour Insole for optimal pressure relief (P. 13)
- PegAssist® Insole for selective off-loading (P. 14)
AllRound Shoe®
Closed long-term Healing Shoe

INDICATIONS
- postoperative care
- wound care
- arthritis
- foot in risk category 0, 1 or 2 according to the German Diabetes Association Guideline

PURPOSE
- sole allows for easier mobility without compromising stability
- sandwich sole construct combines firmness for stability and a cushion sole for softer landings
- shoe upper is a light-weight, breathable nylon fabric that repels water and soil
- multi-layered closure for protection and a secure fit

FEATURES
- long ridged internal plate promoting weight distribution
- low profile sole – no height compensation necessary
- can be worn on the right or the left

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M   41.0 – 42.0  ARS2
L   43.0 – 44.0  ARS3
XL  45.0 – 46.0  ARS4
XXL 47.0 – 48.0  ARS5

COMPATIBLE WITH
- PegContour® Insole for selective pressure redistribution (P. 12)
Body Armor® Pro Term
Foot Stump Orthosis

INDICATIONS
> diabetic foot syndrome
> PAOD (peripheral arterial occlusive disease)
> used postoperatively following Chopart and Lisfranc amputations

PURPOSE
> interim treatment to support normal stump formation
> rear weight-bearing wedge-shaped outer and innersole to support dorsal flexion

FEATURES
> wide opening for easy foot insertion
> practical & secure closure system
> air compression bladder for customizable fitting
> can be worn on the right and left

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**INDICATIONS**
- treatment and management of diabetic foot syndrome
- treatment for healing of open wounds, ulcers and ulcerations
- postoperative phase after toe, forefoot and midfoot surgical procedures
- select customizable pressure relief

**PURPOSE**
- insole system for selective wound off-loading
- progressive care for the diabetic patient

**FEATURES**
- precise alteration options for off-loading
- multi-layered insoles with varying degrees of hardness for individualized adjustments
- available for right and left foot
- including sterile film, marker and surgical disposable scalpel for customizing

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**Example of sole customization**
Cross-section of the off-loading of a pressure ulcer under the third metatarsal head

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PegContour® Insole
Off-loading Cushion Insole

**PURPOSE**
- effective insole system for plantar pressure relief in acute care
- pressure can be reduced by up to 55%
- optimal pressure redistribution is achieved through the contours

**FEATURES**
- soft lengthwise and crosswise sole covering made of functional polyester
- customisable PU material
- customised fit through the removal of single pegs
- available for the right and left foot

**INDICATIONS**
- for use after hallux valgus and small toe surgeries (Austin, Akin, Scarf, Weil, Hohmann, etc.)
- talipes valgus, flat foot, splayfoot
- angioneuropathic changes of the foot in combination with mild foot deformities

**ADDITIONAL INDICATIONS for the blue sole**
- For selective off-loading for:
  - plantar lesions in the forefoot or midfoot area
  - plantar ulcers/ulcer prevention in the forefoot or midfoot area
  - pressure points in the forefoot or midfoot area

**ADDITIONAL INDICATIONS for the black sole**
- heel wounds
- heel spurs (plantar fasciitis)
- healing of ulcers in the heel area (rearfoot ulcers)
- postoperative use and treatment of the heel

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**for Relief Dual®**

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**for AllRound Shoe®**

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Relief Contour Insole

Cushion Insole

**INDICATIONS**
- for use following hallux valgus and small toe surgeries (austin, akin, scarf, weil, hohmann, etc.)
- talipes, valgus/flat foot/splayfoot or vasoneurosis
- in the case of angio-neuropathic changes of the foot where mild foot deformities may persist

**PURPOSE**
- the contours adapt to the anatomy of the foot allowing plantar pressure to be redistributed throughout the entire surface area
- as much as 90% redistribution of pressure can be achieved

**FEATURES**
- insole made of a high resiliency material
- PU material is customizable and can be altered
- available for right and left boot
- 2.4% negative wedge distal to proximal

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**for Relief Dual®**

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Height 12 mm (Size MM)

Height 16 mm (Size MM)

Elevation of the forefoot (less pressure)
**PegAssist® Insole**

**Off-loading Insole**

**INDICATIONS**
selective off-loading for:
> plantar lesions
> plantar ulcerations
> pressure points

**PURPOSE**
> effective insole system for plantar off-loading in acute treatments
> removable pegs allow for individual adjustments
> used postoperatively or in acute treatments
> enables off-loading of up to 50%

**FEATURES**
> insole is designed for use with the right or left boot

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**Anti-Rotation Wedge**

**Indications**
- Prevents rotation

**Purpose**
- Needed to stop rotation in immobile patients using the Heelift®

**Features**
- The easy to apply, reusable wedge attaches to either side of the boot, and prevents rotation
- Use with any Heelift Boot Standard or Petite
- Takes just seconds to apply
- Works for both external and internal rotation
- Reusable

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**Toe Cap**

**Indications**
- Protects the toes from exposure
- Protects from cold and dirt

**Purpose**
- Allows the toe area to be covered
- Protects the toe area from external contaminants
- Increased wearing comfort

**Features**
- Washable by hand
- Can be worn on the right and left

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**For Relief Dual®**

- Women:
  - WS: 34.0 – 36.5
  - WIM: 37.0 – 38.5
  - WL: 39.0 – 41.0
- Men:
  - MS: 39.0 – 41.0
  - MM: 41.5 – 43.0
  - ML: 43.5 – 45.0
  - MXL: 45.5 – 47.0

**For WCS®**

- XS: 35.0 – 36.0
- S: 37.0 – 38.0
- S/M: 39.0 – 40.0
- M: 41.0 – 42.0
- L: 43.0 – 44.0
- XL: 45.0 – 46.0
- XXL: 47.0 – 48.0

**For WCS® for Relief Dual®**

- WS: 34.0 – 36.5
- WM: 37.0 – 38.5
- WL: 39.0 – 41.0
- MS: 39.0 – 41.0
- MM: 41.5 – 43.0
- ML: 43.5 – 45.0
- MXL: 45.5 – 47.0

**For Heelift®, Heelift® Glide, Heelift® AFO**

- Universal: DM-ARW
Elbowlift
Elbow protection

INDICATIONS
> for the prevention of sores, wounds or friction burns on the elbow
> protection and prevention of sores for bed-ridden, high risk patients

PURPOSE
> protects the sensitive tip of the elbow from friction burns and contusions
> prevents sores, wounds and other skin injuries
> skin and soft tissue viability with effective microclimate friendly material

FEATURES
> external soft, smooth nylon coating allows the elbow to move comfortably across the sheets
> Easy on – Easy off
> can be worn on right or left elbow
> can be washed (60°C) or autoclaved for sterility

SIZE ART. NO.
Color: Beige
Universal DM-EL

Positioning Devices
Heelift® Glide / Heelift®
Suspension Boot

**INDICATIONS**
> prevention and the healing of heel pressure ulcers
> patients suffering from large/small vessel disease
> diabetic foot syndrome and decubitus
> Braden pressure-sore risk scale of 17 points or less
> sedentary diabetic patients with neurological sensory deficit
> foot pulse not palpable
> prolonged immobility or coma

**PURPOSE**
> economical prevention strategy for high risk or sedentary patients
> active off-loading of the heel for the bed-ridden patient
> effective off-loading for the healing of heel pressure ulcers

**FEATURES**
> friendly tricot backing aids mobility and safety
> 2 types of foam interior available: convoluted (standard) or smooth
> can be washed (60°C) or autoclaved for sterility
> internal pad completely suspends heel
> ventilation holes for increased comfort
> Easy on – Easy off
> microclimate friendly material
> can be worn on right or left foot

**PREMIUM FEATURES OF THE HEELIFT® GLIDE**
> the external soft, smooth nylon “moves on the sheets and not on the feet”
> forefoot strap for additional support

---

**SIZE** | **CIRCUMFERENCE CALF** | **HEELIFT® GLIDE** | **ART. NO.**
---|---|---|
Petite | 15.0 – 25.0 cm | Color: Red | Standard: DM-HLP, Smooth: DM-HLSPG

**SIZE** | **CIRCUMFERENCE CALF** | **HEELIFT®** | **ART. NO.**
---|---|---|
Normal | 20.0 – 36.0 cm | Color: Beige | Standard: DM-HL, Smooth: DM-HLSG

**SIZE** | **CIRCUMFERENCE CALF** | **ANTI-ROTATION WEDGE** | **ART. NO.**
---|---|---|
| | | Standard: DM-HLSP, Smooth: DM-ARW (Universal)
**Heelift® AFO**

Ankle Foot Orthosis

**PURPOSE**
- effective off-loading in the region of the heel, especially for bed-ridden patients
- the semi-rigid splint offers support for limited but safe mobility
- skin and soft tissue viability with a microclimate friendly material

**FEATURES**
- soft, smooth nylon coating allows the leg to "glide" from one side to the other
- 2 types of interior foam available
- non-slip traction bottom – Easy on – Easy off
- can be washed (60° C) or autoclaved for sterility
- ventilation holes for increase comfort
- additional forefoot strap provides fixation and support of the foot
- microclimate friendly material

**INDICATIONS**
- dorsiflexion support for drop foot, paralyzed legs or comatose patients
- healing and prevention of pressure ulcers on the foot
- diabetic foot syndrome and decubitus
- plantar flexion contracture
- treatment of plantar fasciitis for at-risk patients
- Braden pressure-sore risk scale of 17 points or less
- sedentary diabetic patients with neurological sensory deficit
- foot pulse not palpable

**ANTI-ROTATION WEDGE**
optional: The Anti-Rotation Wedge prevents rotation (P. 15)

**SIZE**

<table>
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<th>SIZE</th>
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<td>DM-ARW</td>
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**Color**: Blue  
Standard: Smooth
AllRound Shoe®

WCS® Light, WCS®

Relief Dual®

Heelift®, Heelift® Glide, Heelift® AFO

Body Armor® Pro Term

All measurements are defined in cm and correspond to the insole. DARCO shoe sizes represent a general reference only. The choice of shoe size is significantly influenced by the volume of the bandages and size of cast.
## Size Table

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Biomechanische Vergleichsstudie zur plantaren Druckumverteilung des AllRound Shoe® von DARCO
Prof. Dr. Klaus Peikenkamp, Fachhochschule Münster / vebitosolution GmbH, Steinfurt

Biomechanische Vergleichsstudie zum WCS® Langzeitverbandschuh
Prof. Dr. Dieter Rosenbaum, Universitätsklinikum Münster

Biomechanic comparative study of the WCS® Wound Care Shoe System
Prof. Dr. Dieter Rosenbaum, Universitätsklinikum Münster, Germany

Biomechanische Vergleichsstudie zum Relief Dual® Fußteilentlastungsschuh
Prof. Dr. Klaus Peikenkamp, Fachhochschule Münster

Biomechanic comparative study of the Relief Dual® Off-loading Shoe
Prof. Dr. Klaus Peikenkamp, Münster University of Applied Sciences

Prospective comparative study of the effect of a heel elevation device in pressure ulcer prevention post-hip fracture
J. Donnelly, PhD; J. Winder, PhD; W.G. Kernohan, PhD; M. Stevenson

Studies Correlating Microclimate to the Materials and Design of Heel Offloading Boots
Denis B. Drennan, MD; Evan Call, MS, CSM; Don Moorhead

Anwenderbericht zur Body Armor® Pro Term Fußstumpforthese
De Giglio R., Balduzzi G., Sacchi G., Mondello T., Cavaiani P., Formenti I., Lodigiani S., Di Vieste G., Diabetic Foot Unit, Abbiategrasso Hospital – AO Legnano

User Report of the Body Armor® Pro Term Foot Stump Orthosis
De Giglio R., Balduzzi G., Sacchi G., Mondello T., Cavaiani P., Formenti I., Lodigiani S., Di Vieste G., Diabetic Foot Unit, Abbiategrasso Hospital – AO Legnano

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Telephone, email
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