

Relief Insert® Walker 2.0

Lower Leg / Foot Orthosis

One product – many applications: Splinting System, Walker and Achilles-Walker



New!





Benefits and Features

Benefits

- > 3-in-1: The individual, removable elements allow the product to be used in many areas:
 1. As a Splinting System
 2. With the Relief Dual® Plus Off-Loading Shoe as a Lower Leg Foot Orthosis
 3. With DAW Achilles wedges (3-piece kit) as an Achilles-Walker for customised pes equinus prophylaxis
- > Simple wound inspection as the shoe can be easily removed and put on again
- > Additional support with optional forefoot strap (included)
- > High patient acceptance
 - Soft heel area thanks to the splint opening
 - Slim design
 - Low weight
 - Hygienic through removal of the shoe and replaceable lining, machine washable at 60°C
 - Low heat generation

Features

- > For postoperative mobilisation and stabilisation
- > Physiologically correct gait pattern
- > Sustainable therapy concept in conjunction with the Relief Dual® Plus Off-loading Shoe
- > Universal fit for right and left
- > Exchangeable insole

-  Right = Left
-  Low weight
-  Exchangeable insole

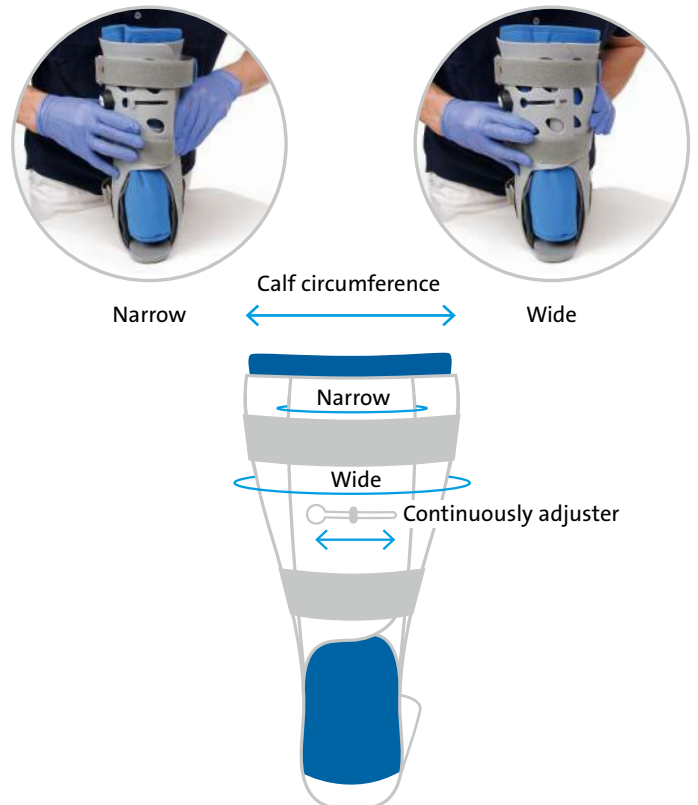
Maximum stability through customised fitting

Integrated pump

For stabilisation in the ankle area, the volume of the air chambers can be increased and is therefore customisable. The air volume can be reduced by operating the valve.

Automatic modification of the width

The innovative shell technology allows the width of the orthosis to be automatically adjusted to the circumference of the patient's calf. The resulting soft tissue compression creates additional stability in the lower leg / foot area. The adjuster can also be unhooked in case of particularly strong calves.



Use 1

Splinting System | Relief Insert® 2.0

The Splinting System is used to position the lower leg to the foot at a 90° angle.
The DAW Achilles Wedges can be used for customised pes equinus prophylaxis to achieve full contact with the foot.

- > Pes equinus prophylaxis
- > Conservative and postoperative protection of the injured areas



Calf splint with calf liner (washable)



Automatic modification of the width:
For unhooking, if necessary



Use 2

Lower Leg / Foot Orthosis | Relief Insert® Walker 2.0

The Splinting System becomes a mobilising Lower Leg Foot Orthosis by fitting the Relief Dual® Plus Off-loading Shoe. The Relief Insert® Walker 2.0 can be customised with all kinds of DARCO Arch Cushion Insoles for additional plantar pressure relief.

Indications

- > Pre- and postoperative / post-traumatic immobilisation of the lower leg / foot, stable foot or ankle fractures, severe ankle sprains Arthrodesis of the first TMT joint (lapidus arthrodesis)
- > Postoperatively after Weber fractures
- > For ligament rupture of the ankle joint
- > Upper ankle joint arthrodesis
- > Postoperative use after removal of Haglund's exostosis (with intact Achilles tendon)
- > Arthrodesis of the first TMT joint (lapidus arthrodesis)
- > After metatarsal fracture surgery
- > After hallux valgus surgery
- > After hallux rigidus surgery
- > After hammer and claw toe surgery
- > Fractures of the phalanges
- > After surgery on the rearfoot

Included with delivery

- > Relief Insert® 2.0 Splinting System
- > Relief Dual® Plus Off-loading Shoe
- > Optional forefoot strap



Relief Insert® 2.0
Splinting System

Relief Dual® Plus
Off-loading Shoe

Use 3

Achilles Walker | Relief Insert® Walker 2.0 Achill

The Relief Insert® Walker 2.0 Achill is a Lower Leg Foot Orthosis with 3-piece wedge set for Achilles tendon relief. The elevation and the acute foot angle can be adapted to the patient by varying the number of wedges used. 3 wedges are equivalent to 120°. Removal of the wedges step by step allows the angle of plantar flexion to be adapted to the therapy course. The open and soft heel area provided for good air circulation and has a positive effect on wound healing.

Indications

- > Achilles tendon ruptures
- > Postoperative use for:
 - Achilles tendon suture
 - Removal of Haglund's exostosis

Included with delivery

- > Relief Insert® 2.0 Splinting System
- > Relief Dual® Plus Off-loading Shoe
- > Optional forefoot strap
- > DAW (DARCO Achilles Wedges) Heel Wedges



Relief Insert® 2.0
Splinting System

Relief Dual® Plus
Off-loading Shoe

DAW (DARCO Achilles Wedges)
Heel Wedges

Article List



Relief Insert® Walker 2.0 Lower Leg / Foot Orthosis

SIZE	ART. NO.
Colour: Grey-Blue	
XS 37.0 – 38.5	RIW2-0
S 39.0 – 41.0	RIW2-1
M 41.5 – 43.0	RIW2-2
L 43.5 – 45.0	RIW2-3
XL 45.5 – 47.0	RIW2-4



Relief Insert® Walker 2.0 Achill Achilles Walker (incl. DAW)

SIZE	ART. NO.
Colour: Grey-Blue	
XS 37.0 – 38.5	RIW2W-0
S 39.0 – 41.0	RIW2W-1
M 41.5 – 43.0	RIW2W-2
L 43.5 – 45.0	RIW2W-3
XL 45.5 – 47.0	RIW2W-4

Compatible with



DAW (DARCO Achilles Wedges) Heel Wedges for Walkers

SIZE	ART. NO.
Colour: Grey	
Universal	DAW



TwinShoe® Height Compensation Shoe

SIZE	ART. NO.
Colour: Black	
XS 33.5 – 37.0	TS0B
S 37.5 – 39.5	TS1B
M 40.0 – 41.5	TS2B
L 42.0 – 44.0	TS3B
XL 44.5 – 47.0	TS4B

Sole Systems



PegAssist® Insole



PegContour® Insole



Relief Contour Insole



Puzzle Insole®



PegContour® Insole Uni



Toe Cap

Sizes and Measurements



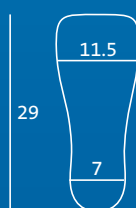
XS 37–38.5
Insole and Toe Cap
= WM



S 39–41
Insole and Toe Cap
= MS



M 41.5–43
Insole and Toe Cap
= MM



L 43.5–45
Insole and Toe Cap
= ML



XL 45.5–47
Insole and Toe Cap
= MXL

All measurements are defined in cm and correspond to the insole. DARCO shoe sizes represent a general reference only. The choice of shoe size is significantly influenced by the volume of the bandages and size of cast.



Video