DARCO – Your competent partner for diabetic and wound care

DARCO is an international group operating worldwide in a leading position with orthopedic foot and ankle products such as cast boots, walkers, postoperative shoes, off-loading boots and elastic tapes for kinesiology.

For more than 30 years we represent innovative products. DARCO has become a specialist in diabetic and wound care products due to many years of experience.

In close cooperation with foot surgeons and medical specialists as well as care providers we proceed with the research and development of our products in order to gain new knowledge and to meet the special requirements of patients. Our common goal is to prevent wounds and ulcerations around the foot as well as to heal existing wounds for improving the quality of life for the patients.
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### Orthoses

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### Positioning Devices

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### Excerpt from our entire range

For the complete product range please see our main catalogue or visit www.darco-europe.com

### Key (to symbols)

- Interchangeable Insoles
- Instructional Video
  (www.darco-europe.com)

Additional Literature on page 18

### Literature and Studies

Additional literature on page 18.
INDICATIONS
- treatment for diabetic foot syndrome
- healing shoe for open wounds and mild ulcerations
- designed for pressure redistribution
- used for postoperative phase after toe and/or forefoot surgery

PURPOSE
- insole alterations are possible for selective off-loading for individual needs
- the rocker style sole produces an ergonomically correct walking pattern
- soft and breathable upper provides maximum comfort and leaves extra space for bandages

FEATURES
- includes customizable insoles
- replacement “four-layer” Insole available
- sold in pairs

Includes: WCS® Light Insoles
For extended care to complement the progressive healing of wounds. A replacement “four-layer” Insole system can be ordered separately. (P. 9)
**INDICATIONS**
- treatment of diabetic foot syndrome, open wounds and ulcers
- designed for pressure redistribution
- postoperative phase after toe and/or forefoot surgery

**PURPOSE**
- wound care shoe for diabetics
- insole alterations are possible for selective off-loading for individual needs
- the rocker style sole produces an ergonomically correct walking pattern

**FEATURES**
- includes customizable insoles
- replacement “four-layer” insoles available
- easy entry and room for bandages
- sold in pairs
- leather upper

**Includes: WCS® Insoles**
For extended care to complement the progressive healing of wounds.
A replacement “four-layer” Insole system can be ordered separately. (P. 9)

**SIZE** | **ART. NO.** | **TOE CAP** | **ART. NO.**
--- | --- | --- | ---
XS 35.0 – 36.0 | WCS0B/R | TCWCS0/R | WCS0B/L | TCWCS0/L
S 37.0 – 38.0 | WCS1B/R | TCWCS1/R | WCS1B/L | TCWCS1/L
S/M 39.0 – 40.0 | WCS7B/R | TCWCS7/R | WCS7B/L | TCWCS7/L
M 41.0 – 42.0 | WCS2B/R | TCWCS2/R | WCS2B/L | TCWCS2/L
L 43.0 – 44.0 | WCS3B/R | TCWCS3/R | WCS3B/L | TCWCS3/L
XL 45.0 – 46.0 | WCS4B/R | TCWCS4/R | WCS4B/L | TCWCS4/L
XXL 47.0 – 48.0 | WCS5B/R | TCWCS5/R | WCS5B/L | TCWCS5/L

The smooth portion of the sole reduces shearing forces

The rough part of the sole secures stability while standing

Wide opening for easy entry and simple insole access
Relief Dual®
Off-loading Shoe

INDICATIONS
> used postoperatively for stability and off-loading, e.g. after foot osteotomy procedures

PURPOSE
> stability, shock absorption and pressure relief after surgical procedures
> in combination with the Puzzle Insole® or Relief Contour Insole and their unique wedge design, the load is displaced away from the forefoot
> accommodates insole replacement (including diabetic-compliant foot bedding)
> in combination with the PegAssist® creates interim solution for the diabetic foot in need of urgent care

FEATURES
> innovative dual-sole technology
> optimal impact relief – slip-resistant rubber sole – light-weight breathable upper
> rigid shank throughout entire inner-sole
> wide opening for bulky dressings
> easy entry, and easy insole access
> can be worn on the right and left
> low profile – no height compensation necessary

TOE CAP
optional (P. 11)

COMPATIBLE WITH
> Relief Contour Insole for optimal pressure relief (P. 10)
> PegAssist® Insole for selective off-loading (P. 11)
INDICATIONS
- diabetic foot syndrome
- PAOD (peripheral arterial occlusive disease)
- used postoperatively following Chopart and Lisfranc amputations

PURPOSE
- interim treatment to support normal stump formation
- rear weight-bearing wedge-shaped outer and innersole to support dorsal flexion

FEATURES
- wide opening for easy foot insertion
- practical & secure closure system
- air compression bladder for customizable fitting
- can be worn on the right and left

<table>
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<th>SIZE</th>
<th>STUMP LENGTH</th>
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<tr>
<td>M</td>
<td>16.0 cm</td>
<td>BAPT2</td>
</tr>
<tr>
<td>L</td>
<td>19.0 cm</td>
<td>BAPT3</td>
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Color: Black
**WCS®/-Light Insoles**

4-Layer Insole System

**INDICATIONS**
- treatment and management of diabetic foot syndrome
- treatment for healing of open wounds, ulcers and ulcerations
- postoperative phase after toe, forefoot and midfoot surgical procedures
- select customizable pressure relief

**PURPOSE**
- insole system for selective wound off-loading
- progressive care for the diabetic patient

**FEATURES**
- precise alteration options for off-loading
- multi-layered insoles with varying degrees of hardness for individualized adjustments
- available for right and left foot
- including sterile film, marker and surgical disposable scalpel for customizing

<table>
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<td>M 41.0 – 42.0</td>
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<td>XL 45.0 – 46.0</td>
<td>WC14/R</td>
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<tr>
<td>XXL 47.0 – 48.0</td>
<td>WC15/R</td>
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</table>
**INDICATIONS**

- for use following hallux valgus and small toe surgeries (austin, akin, scarf, weil, hohmann, etc.)
- talipes, valgus/flat foot/splayfoot or vasoneurosis
- in the case of angio-neuropathic changes of the foot where mild foot deformities may persist

**PURPOSE**

- the contours adapt to the anatomy of the foot allowing plantar pressure to be redistributed throughout the entire surface area
- as much as 90% redistribution of pressure can be achieved

**FEATURES**

- insole made of a high resiliency material
- PU material is customizable and can be altered
- available for right and left boot
- 2.4° negative wedge distal to proximal

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**SIZE** | **ART. NO.** for Relief®
--- | ---
**Women**<br>WS 34.0 – 36.5 | RC-W1-R RC-W1-L<br>WM 37.0 – 38.5 | RC-W2-R RC-W2-L<br>WL 39.0 – 41.0 | RC-W3-R RC-W3-L

**Men**<br>MS 39.0 – 41.0 | RC-M1-R RC-M1-L<br>MM 41.5 – 43.0 | RC-M2-R RC-M2-L<br>ML 43.5 – 45.0 | RC-M3-R RC-M3-L<br>MXL 45.5 – 47.0 | RC-M4-R RC-M4-L
**PegAssist® Insole**

**Off-loading Insole**

**INDICATIONS**
- selective off-loading for:
  - plantar lesions
  - plantar ulcerations
  - pressure points

**PURPOSE**
- effective insole system for plantar off-loading in acute treatments
- removable pegs allow for individual adjustments
- used postoperatively or in acute treatments
- enables off-loading of up to 60%

**FEATURES**
- insole is designed for use with the right or left boot

**SIZE**
- **for Relief Dual®**
  - Women
    - WS 34.0 – 36.5 PAS-W1
    - WM 37.0 – 38.5 PAS-W2
    - WL 39.0 – 41.0 PAS-W3
  - Men
    - MS 39.0 – 41.0 PAS-M1
    - MM 41.5 – 43.0 PAS-M2
    - ML 43.5 – 45.0 PAS-M3
    - MXL 45.5 – 47.0 PAS-M4

- **for WCS®**
  - Right
    - XS 35.0 – 36.0 TCWCS0/R
    - S 37.0 – 38.0 TCWCS1/R
    - S/M 39.0 – 40.0 TCWCS7/R
    - M 41.0 – 42.0 TCWCS2/R
    - L 43.0 – 44.0 TCWCS3/R
    - XL 45.0 – 46.0 TCWCS4/R
    - XXL 47.0 – 48.0 TCWCS5/R
  - Left
    - XS 35.0 – 36.0 TCWCS0/L
    - S 37.0 – 38.0 TCWCS1/L
    - S/M 39.0 – 40.0 TCWCS7/L
    - M 41.0 – 42.0 TCWCS2/L
    - L 43.0 – 44.0 TCWCS3/L
    - XL 45.0 – 46.0 TCWCS4/L
    - XXL 47.0 – 48.0 TCWCS5/L

**Toe Cap**

**PegAssist® Insole**

**Off-loading Insole**

**INDICATIONS**
- protects the toes from exposure
- protects from cold and dirt

**PURPOSE**
- allows the toe area to be covered
- protects the toe area from external contaminants
- increased wearing comfort

**FEATURES**
- washable by hand
- can be worn on the right and left

**SIZE**
- **for Relief Dual®**
  - Women
    - WS 34.0 – 36.5 PAS-W1
    - WM 37.0 – 38.5 PAS-W2
    - WL 39.0 – 41.0 PAS-W3
  - Men
    - MS 39.0 – 41.0 PAS-M1
    - MM 41.5 – 43.0 PAS-M2
    - ML 43.5 – 45.0 PAS-M3
    - MXL 45.5 – 47.0 PAS-M4

- **for WCS®**
  - Right
    - MS 39.0 – 41.0 TCDM1
    - MM 41.5 – 43.0 TCDM2
    - ML 43.5 – 45.0 TCDM3
    - MXL 45.5 – 47.0 TCDM4
  - Left
    - MS 39.0 – 41.0 TCDM1
    - MM 41.5 – 43.0 TCDM2
    - ML 43.5 – 45.0 TCDM3
    - MXL 45.5 – 47.0 TCDM4
INDICATIONS (HEELIFT® + HEELIFT® GLIDE)
> prevention and the healing of heel pressure ulcers
> patients suffering from large/small vessel disease
> diabetic foot syndrome and decubitus
> braden pressure-sore risk scale of 17 points or less
> sedentary diabetic patients with neurological sensory deficit
> foot pulse not palpable
> prolonged immobility or coma

PURPOSE (HEELIFT® + HEELIFT® GLIDE)
> economical prevention strategy for high risk or sedentary patients
> active off-loading of the heel for the bed-ridden patient
> effective off-loading for the healing of heel pressure ulcers

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**Positioning Devices**

<table>
<thead>
<tr>
<th>SIZE</th>
<th>CIRCUMFERENCE CALF</th>
<th>ART. NO.</th>
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<tbody>
<tr>
<td>Color: Beige</td>
<td></td>
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</tr>
<tr>
<td>Petite</td>
<td>15.0 – 25.0 cm</td>
<td>DM-HLP</td>
</tr>
<tr>
<td>Normal</td>
<td>20.0 – 36.0 cm</td>
<td>DM-HL</td>
</tr>
<tr>
<td>Bariatric</td>
<td>30.0 – 58.0 cm</td>
<td>DM-HLSB</td>
</tr>
</tbody>
</table>
Heelift® Glide
Suspension Boot

FEATURES (HEELIFT® + HEELIFT® GLIDE)
> friendly tricot backing aids mobility and safety
> 2 types of foam interior available: convoluted (standard) or smooth
> can be washed (60°C) or autoclaved for sterility
> internal pad completely suspends heel
> ventilation holes for increase comfort
> Easy on – Easy off
> microclimate friendly material
> can be worn on right or left foot

PREMIUM FEATURES OF THE HEELIFT®GLIDE
> the external soft, smooth nylon “moves on the sheets and not on the feet”
> forefoot strap for additional support

CIRCUMFERENCE

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<td>Normal</td>
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<tr>
<td>Bariatric</td>
<td>30.0 – 58.0 cm</td>
<td>DM-HLSBG</td>
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**Heelift® AFO**

**Ankle Foot Orthosis**

**INDICATIONS**
- dorsiflexion support for drop foot, paralyzed legs or comatose patients
- healing and prevention of pressure ulcers on the foot
- diabetic foot syndrome and decubitus
- plantar flexion contracture
- treatment of plantar fasciitis for at-risk patients
- Braden pressure-sore risk scale of 17 points or less
- sedentary diabetic patients with neurological sensory deficit
- foot pulse not palpable

**PURPOSE**
- effective off-loading in the region of the heel, especially for bed-ridden patients
- the semi-rigid splint offers support for limited but safe mobility
- skin and soft tissue viability with a microclimate friendly material

**FEATURES**
- soft, smooth nylon coating allows the leg to “glide” from one side to the other
- 2 types of interior foam available
- non-slip traction bottom – Easy on – Easy off
- can be washed (60° C) or autoclaved for sterility
- ventilation holes for increase comfort
- additional forefoot strap provides fixation and support of the foot
- microclimate friendly material

**SIZE**

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**Color: Blue**
- Standard
- Smooth

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**Effective off-loading**
**Elbowlift**

Elbow protection

**INDICATIONS**
> for the prevention of sores, wounds or friction burns on the elbow
> protection and prevention of sores for bed-ridden, high risk patients

**PURPOSE**
> protects the sensitive tip of the elbow from friction burns and contusions
> prevents sores, wounds and other skin injuries
> skin and soft tissue viability with effective microclimate friendly material

**FEATURES**
> external soft, smooth nylon coating allows the elbow to move comfortably across the sheets
> Easy on – Easy off
> can be worn on right or left elbow
> can be washed (60°C) or autoclaved for sterility

**SIZE ART. NO.**

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**DARCO Posterior Splint**

Splinting System

**INDICATIONS**
> postoperative immobilization and positioning
> post-traumatic immobilization following injury
> short-term stabilization (achilles tendon rupture and other ligament ruptures)
> ankle dislocations, fractures, strains, sprains, etc.

**PURPOSE**
> postoperative and post-traumatic positioning of the ankle in a defined angle of 90° or 110° (110° model for achilles tendon pathologies)
> incorporated Velcro® strips prevents slippage and is easy to use with standardized bandages

**FEATURES**
> soft inner lining – for right or left side
> anatomically correct contour for an optimized fit
> light weight yet inherently stable material

**FOOTBED SIZE**

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<tbody>
<tr>
<td>S</td>
</tr>
<tr>
<td>M</td>
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<tr>
<td>L</td>
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**CALF SIZE**

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<td>L 32.5 cm</td>
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**ART. NO.**

<table>
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**Angle 90°**

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<tr>
<td>L 32.5 cm</td>
<td>40.0 cm</td>
<td>PS3-110-1</td>
<td>PS3-110</td>
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Sizes and Measurements

All measurements are defined in cm and correspond to the insole. DARCO shoe sizes represent a general reference only. The choice of shoe size is significantly influenced by the volume of the bandages and size of cast.

**WCS® Light, WCS®**

<table>
<thead>
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<th>Size</th>
<th>WS, WS 35–36</th>
<th>WM, WM 37–38</th>
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<tr>
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**Relief Dual®**

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**Body Armor® Pro Term**

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Wound Care Shoe System
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Modified Wedge Shoe in Reducing Pressure at the Area of Previ-
ous Great Toe Ulceration in Individuals with Diabetes Mellitus
James Birke, PT, PhD, CPed; Karen Lewis, MPT, JD; Ana Penton, MPT;
Dawn Pittman, MPT; Allison Tucker, MPT; Catalina Durand, MPT

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Unterschenkel-Gipsersatz
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Dr. med. Joh. K. Scheufele, Dr. med. Th. Basting, Dr. med. Mario Corcilius

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Redressionsbandagen nach Hallux Valgus-Korrekturereingriffen
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dorsale Lagerungsschiene
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zur Freilagerung der Ferse als Dekubitusprophylaxe nach einer
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J. Donnelly, PhD; J. Winder, PhD; W.G. Kernohan, PhD; M. Stevenson

Prospective comparative study of the effect of a heel elevation
device in pressure ulcer prevention post-hip fracture
J. Donnelly, PhD; J. Winder, PhD; W.G. Kernohan, PhD; M. Stevenson

Studies Correlating Microclimate to the Materials and Design
of Heel Offloading Boots
Denis B. Drennan, MD; Evan Call, MS, CSM; Don Moorhead

Anwenderbericht zur Puzzle Insole® Modulare Innensohle
Dr. med. Holm Edelmann, Orthopaedic Centre for Joint Surgery Berlin

Anwenderbericht zur Body Armor® Pro Term Fußstumpforthese
De Giglio R., Balduzzi G., Sacchi G., Mondello T., Cavaiani P., Formenti I.,
Lodigiani S., Di Viese G., Diabetic Foot Unit, Abbiaggresso Hospital –
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User Report of the Body Armor® Pro Term Foot Stump Orthosis
De Giglio R., Balduzzi G., Sacchi G., Mondello T., Cavaiani P., Formenti I.,
Lodigiani S., Di Viese G., Diabetic Foot Unit, Abbiaggresso Hospital –
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